




## Self Help Skills

### Our School Offer

#### The levels of support and provision offered at Castle Hill Infants School

#### Self-help skills:

Whole school approaches The universal offer to all children 	Additional, targeted support and provision 	Specialist, individualised support and provision 
<ul style="list-style-type: none"> <li>• We encourage children to come into school independently</li> <li>• We allow children to dress themselves in PE</li> <li>• There is a variety of equipment around the classroom for independent options and choice</li> <li>• Resources are at child height so that they can be assessed independently</li> <li>• Pupils have jobs to aid self-worth and independence i.e. register monitors, water monitors and snack monitors</li> </ul>	<ul style="list-style-type: none"> <li>• Additional adults support in class to encourage children to become more independent</li> <li>• Children have responsibilities for parts of the day to aid self-esteem, i.e. distributing resources</li> </ul>	<ul style="list-style-type: none"> <li>• Individualised and personal targets concerning self-help skills as directed from their Statement / EHCP i.e. eating skills, self-care etc.</li> <li>• Programmes of study referred by the OT are supported</li> <li>• Resources recommended by the OT are purchased</li> <li>• Picture card prompts for changing for PE are used</li> <li>• Picture poster prompts for the process of toileting are used</li> <li>• PECs book is used by the child express their need</li> <li>• Resources are adapted to enable children to use the independently i.e. specialist pencil grips, clothes zips have extra-long pull etc</li> </ul>